

# <u>Mentorship Scheme 2015</u> <u>Guidelines For Participants</u>

### **Forewords**

Greetings to all mentors and mentees! Thank you for joining our Mentorship Scheme 2015. We, as the organizers, sincerely wish you a rewarding experience in the Scheme.

Whilst we would like to assure you once again that, participants of the Scheme enjoy great flexibility and groups can interact in ways the members agree and enjoy, we feel obliged to give several helpful suggestions to you, so that your experience in the Scheme can be even better.

### Your Role

We wish mentors and mentees will have a common understanding of what they are hoped to do and follow as recommended below:

| Mentor  | Mentee                                       |
|---|--|
| Build friendship with your mentees            | Build friendship with your mentors           |
| Understand your mentees' situation            | • Let your mentors understand your aims and  |
| Respond cordially to mentees and facilitate   | problems                                     |
| activities to be held by each group           | • Take an active role in the mentor-mentee   |
| individually                                  | interaction                                  |
| • Nurture student mentees with your insights, | • Learn from mentors' life experience, hence |
| like career path, social etiquettes etc.      | equip yourself for life after graduation     |



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## Dos and Don'ts

Right attitude and expectations are fundamental to the success of the Scheme.

| Mentors  | Mentees  |
|--|--|
| Do   | S  |
| <ul> <li>Take mentees as energetic and aspiring young friend</li> <li>Teach mentees more about social etiquettes</li> <li>Respond cordially to mentees</li> <li>Facilitate the organization of activities proposed by your mentees</li> <li>Understand your mentees</li> <li>Let mentees know your ideas</li> <li>Listen and comment on mentees' thoughts</li> </ul> | <ul> <li>Treat your mentor as a friend of you, whose only difference is the gap in age</li> <li>Behave naturally and casually without sacrificing courtesy</li> <li>Take the initiative to approach your mentors examples ranging from email communication to monthly dinner</li> <li>Be innovative in proposing new ideas for group activities</li> <li>Be willing to let your mentors understand your inner feelings</li> <li>Keep an open mind so as to learn more from mentors</li> <li>Express your opinions confidently even if it is</li> </ul> |
| Do   | different from your mentors<br>n'ts  |
| Have a preset expectation on how your<br>mentees should be, for you will shape<br>them in the way you want<br>Ignore your mentees<br>Take mentees to places or activities not<br>suitable for them due to age factor   | <ul> <li>Be puzzled by mentors not coming from you interested disciplines since it would only confine your vision.</li> <li>Be too shy to contact your mentors.</li> <li>Ignore your mentors' phone call or email etc</li> <li>Contact your mentors at unreasonable hours.</li> </ul>  |